

The logo for go2physio, featuring the text "go2physio" in a white, lowercase, sans-serif font with a slight drop shadow, centered within a solid blue square.

As part of the go2physio pilot which ORCHARD MEDICAL CENTRE is participating in, you may be able to access NHS physiotherapy without having to see your GP first. Physiotherapists are physical activity specialists working with you to enable you to manage your condition. They are expertly skilled to assess, diagnose, and manage patients with musculoskeletal conditions much in the same way as doctors.

Musculoskeletal conditions such as muscle or joint problems like back pain, knee pain or sprains are best managed by physiotherapists. Physiotherapists can transform people's lives by:

- Reducing pain
- Improving quality of life
- Keeping people out of hospital
- Reducing disability
- Reversing the deterioration of conditions

Visit www.srft.nhs.uk/go2physio to complete a self-referral form to access go2physio clinics, provided by NHS physiotherapists.